

HTE's Total Health Spa™



The Total Health Spa- A Complete Body Treatment

What happens when you combine
The Chi Machine® & 3 HotHouses™?
You create your own personal health spa.

The Total Health Spa increases circulation better than either machine can provide separately. Increased circulation to our bodies:

- Increases the blood's ability to absorb nutrients and oxygen
- Provides a more suitable environment for supplements to be effective
- Helps eliminate toxins

The HotHouse's ability to free toxins from the body is coupled with the physical efficiency generated by The Chi Machine. This translates to an effective way to eliminate harmful toxins, provide blood with the proper nutrients it needs and transport fresh new cells to their destinations. Finally, healthy living can be yours with the use of HTE's Total Health Spa.

The Chi Machine®

- Improves circulation
- Increases oxygenation of the blood
- Creates efficiency in which the blood absorbs the nutrients

The HotHouse™

- Improves circulation
- Cleanses toxins from the blood
- Regenerates new cells
- Total body thermal insulation



Are you seeking ways to improve your overall health? HTE offers a set of our products, including the Total Health Spa and three of our featured nutritional supplements. We call the package...

The Total Health Management Solution

The Total Health Spa

- The Chi Machine
 - Therapeutic Massager
 - Oxygenates Your Body
- Three (3) HotHouses
 - Far Infrared Rays
 - Eliminates Toxins

Nutritional Products

- Total Enzyme™
 - Aids in Digestion
- BetaLoe™
 - Enhances Effectiveness of the Immune System
- Chi Formula
 - Strengthens the Immune System

Total Health Spa



The Chi Machine®

Have you ever been to a spa, or experienced a professional massage? It is amazing how the right amount of pressure can relieve aches and pains, relax muscles, reduce tension and improve blood circulation. One of the key benefits is that the gentle motion of a massage results in the improvement of the flow of oxygen to and from the lungs, while enhancing the oxygen in the bloodstream.

Did you know without sufficient oxygen, serious medical conditions such as immune system dysfunction, sleep disorder or other severe health issues may occur?

After 38 years of research, Dr. Shizuo Inoue, the former President of the Japan Oxygen Foundation, developed a product that increases oxygenation without stress or effort.

The Chi Machine gives a passive therapeutic massage that...

- Enhances cellular metabolism
- Balances the spine
- Improves the immune system
- Activates the lymphatic system
- Increases blood production
- Restores balance to the autonomic nervous system
- Stimulates the internal organs

In terms of oxygenation, 15 minutes of massage with The Chi Machine is comparable to the equivalent of a 90 minute brisk walk. Since over 90% of energy comes from oxygen (only 10% is provided through food), doesn't it make sense to provide your body with a relaxing way to improve oxygen flow.

The HotHouse™ (Far Infrared Rays)

Many people wake up daily with muscle inflammation and soreness from common activities, which may have taken place days earlier. They also wonder if there is a way to reduce the effects of the pain before it becomes unbearable.

The HotHouse, an exclusive HTE product, produces its unique effect through the heat of Far Infrared (FIR) rays, and with its distinctive arched design, the unit enhances the effect of the thermal heat within the targeted area.

The HotHouse...

- Increases blood flow by promoting expansion in the capillaries
- Decreases muscle spasms and soreness
- Reduces swelling and inflammation by improving lymphatic flow
- Removes toxins

FIR rays are the most beneficial rays produced by the sun. FIR rays are not visible to the naked eye but can be felt as heat. The HotHouse releases an 8-10 micron FIR ray into the body, creating a vibration, allowing your body to work more efficiently. These vibrations allow toxins to be released back into the bloodstream and removed naturally by your body.

健康

The Chinese Symbol
for Health

"I am proud to say that after I set up the Total Health Spa all by myself, I found out what I was missing all along – a warm, comfortable total body workout!" Lucille, Long Island, NY

"Not only was my whole body warm and tingling, but I was able to save time with my treatments." Jason, Westchester, New York

To find out more about testimonials, visit www.hteamerica.com



The Total Health Spa can be used by one person or with the help of a partner.

1. Align yourself on The Chi Machine®.
2. Place the first HotHouse™ over the lower part of your body, set the timer.
3. Place the second HotHouse over the middle of your body, and the third one over the upper part of your body, setting the timers.
4. Set The Chi Machine timer.
5. Relax and enjoy!

Disclaimer: The Food and Drug Administration have not evaluated the statements made above. HTE's products are not intended to diagnose, treat, cure or prevent any form of disease. You are advised to seek independent medical advice regarding your personal condition from your medical specialist, general practitioner or other healthcare provider. HTE will not be responsible for the effects of the use of its products, which may prove to be adversary to your health.

Traveling Down the Total Health Highway

Have you ever wondered how your body really works? What about the path your blood takes as it circulates from your heart to your body's outer limits? Do you know the Total Health Spa can lead to a healthier life?

Picture your circulatory system as a well-planned, intricately designed "highway" providing your blood with an efficient way to travel to key areas.

Your arteries and veins serve as the main outbound/inbound highway with off-ramps to side streets and key locations. Each nerve ending, muscle and organ is connected to this highway, and circulation serves as the "flow of traffic" along this highway. For example poor circulation acts, as a rush hour traffic jam with little, to no movement, but normal circulation is the equivalent of an intelligently designed highway with traffic flowing freely, and without significant delays.

When you position the HotHouse over a targeted part of your body, the circulatory "highway" opens as a result of the FIR (Far Infrared) Radiation. This is the equivalent of an engineer intelligently adding additional lanes and opening up the flow of traffic to a roadway. For you, this leads to an improvement in your circulation.

Since we are using the "highway" comparison, what is the most annoying thing about sitting in traffic? It's the stop and go conditions that effect your

nerves the most. Just when you think traffic is subsiding, you are back into the middle of another mess. Apply this concept to your internal highway system. The blood flow under the HotHouse is the equivalent to the traffic starting to move freely, but as soon as it is outside the area responding to the HotHouse it hits another traffic jam.

The Total Health Spa saves you time by offering a complete body treatment simultaneously (complete thermal insulation), creating a "traffic free environment."

Imagine listening to the Total Health Highway traffic report giving you the latest details from the THH chopper:

"Traffic everywhere is heavy, bumper to bumper. Traffic appears to open up near the HotHouse portion of the highway, but anticipate that it will come to a sudden and complete stop just beyond the horizon. We see problems occurring throughout the system due to poor circulation, and these problems are causing rubber-necking delays in both directions. We recommend diverting to the Total Health Highway, where traffic is flowing freely and there are no delays. Buildups are nowhere to be seen on this route, and travelers are at ease knowing that the Total Health Highway is free of gridlock."

This whole scenario may sound a bit outlandish, but Distributors who focus on taking the "fast-lane" approach to selling the Total Health Spa advance quicker (up to six times as fast) than just traveling along The Chi Machine selling route, and twice as fast as the Combo selling route.

Think about it...the Total Health Highway is the best way to improve your health and business.

The Total Health Spa saves you time by offering a complete body treatment simultaneously (complete thermal insulation), creating a "traffic free environment."

Nutritional Products

Fortify Defenses • Help Maintain Good Health

Use these products in combination with the Total Health Spa for a Total Health Management solution

BetaLoe™

It seems like every night, the news reports on a story of a bacteria or virus found within the air we breathe, the food we eat or the water we drink.

It is also unfortunate that our doctors are prescribing antibiotics for infections that are rapidly becoming resistant to the medications available.

Is there any way we can be protected or reduce the risk of becoming ill?

HTE's BetaLoe is a beneficial part of protecting your immune system before it falls under attack from any bacteria or virus. BetaLoe is a combination of pure Beta-1, 3-D glucan and certified active aloe vera.

Consider BetaLoe...

- It's safe, non-toxic, natural
- Supports a healthy immune response
- Activates white blood cells
- Restores and balances immune system
- Supports tissue regeneration and repair
- Promotes Anti-Aging
- Powerful antioxidant
- Helps maintain a healthy cardiovascular system

It is important to maintain a healthy immune system before the threat of an illness. This will reduce the long-term effects on your overall health and will lead to a longer and more active lifestyle.



Chi Formula

Every day, you fight the unhealthy effects of stress, which may be caused by a demanding work schedule, poor eating habits, and a lack of time for proper exercise.

Your energy level decreases, creating the opportunity to fight through stress-related ailments, which ultimately leads to illness.

The popular adaptogen, Siberian Ginseng, continues to be a popular supplement, and is the primary ingredient in HTE's Chi Formula. This supplement builds upon traditional Chinese remedies and provides energy while restoring your immune system without side effects. Over time, your internal organs will return to their normal function.

If you are ready to "Turn the Tide," our Chi Formula will provide the energy you need to get through the tough times, and will reduce the risk of stress-related illness.



Chi Formula...

- Helps combat fatigue
- Increases stamina
- Enhances resistance to physical stress
- Regulates endocrine gland activity
- Increases and strengthens the immune system

Total Enzyme™ Granules and Drink

Did you know...

Cooking at a high temperature will eliminate the effectiveness of the natural enzymes in the foods you eat?

As you get older, your body is not able to produce as many enzymes?

When you are ill, your body may be unable to break down certain foods that you eat?

So now you're wondering, "what is an enzyme?" Basically, an enzyme is the protein, which helps you digest your favorite food or drink.

This is why Total Enzyme, a supplement which helps your body break down and absorb nutrients in the foods you eat, is a key part of healthy living.

Total Enzyme helps...

- Regulate Internal Functions
- Purify the Blood
- Improve Digestion and Absorption
 - Overeating
 - Intoxication
 - Poor gastrointestinal function
 - Constipation and hemorrhoids
- Postoperative recuperation
- Improve Metabolic Cell Function

Total Enzyme will help your body take advantage of the foods you eat, improve digestion and your overall health.



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